

STARTWITCHIN



MANIFEST YOUR MAGICKAL YEAR

WORKBOOK

BY DECEMBER FIELDS-BRYANT

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Manifest Your Magickal Year

Workbook

Introduction: The Threshold of Your Magickal Year

In 2013 I was depressed and frustrated. It was a year of a lot of pain for me ranging from moving due to unfortunate circumstances, shakiness in my relationships, and ending in a miscarriage. I always believed magick could help me somehow in my life but when I looked for ways to ensure that 2014 would be better than the year I had, I was further discouraged. There were many methods for manifesting and magickally creating a life I wanted. Each method was different but promised the same results. Unsure as to which one to choose, I studied several, experimenting with what worked for me and what didn't.

Manifest Your Magickal Year is the result of that experimentation.

In the following pages, I combined the traditional methods of manifestation with practical magick as well as numerology, astrology, and tarot. These methods help you to not just force your true will to take effect but to also work with the universal energies that are acting upon you in the coming year. By working in alignment with these energies, you will find that your goal setting and achievement is much easier than manifestation or spell work alone.

I have also included spells and rituals from my personal grimoire that have worked for me time and again with tangible results.

About the Author

But who am I anyways? It's all well and good to say this process has helped me but without some ideas of what I've created with it, it's easy to move on to the next shiny new thing. So, introductions are in order.

I'm December Fields-Bryant, badass witch behind [StartWitchin](http://StartWitchin.com). My business is based entirely on helping witches achieve their dreams with their own magickal power. I have a background as a professional tarot reader since 2009 and a practicing witch for almost 2 decades. I base all of my work on what I've experimented with and tried myself. If it didn't work for me, I don't share it, simple as that.

Over the years, I've used my magickal practice to find and marry my soul mate, move across the country and back, get myself out of financial and emotional struggles time and again, and heal from miscarriage as well as conceive and birth my rainbow child. I can honestly say that without magick, I would not be the woman I am today.

Why New Years?

This isn't your average new year's resolution encouragement, witches. This workbook is all about helping you to create the life you want. While the methods within focus strongly on working with energies that start during the new year, you can begin at any time. I focused on the new year because the shift in energies during a solar return, as well as a calendar date that has people focusing on it with a great amount of emotional energy makes for some fantastic magickal working!

Which New Years?

While the calendar new year starts at the end of December and beginning of January, the celebration of a new cycle happens during various dates depending on your culture, religion, or beliefs. There is no set date to begin the workings in this book. I often get started on this work near the end of October, close to the Witches' New Year (aka Halloween), working on it slowly through to Yule (December 21), which happens to be the day after my birthday (a personal solar return). I culminate my work with a ritual (the one found at the end of this book) on New Year's Eve (December 31st).

You do NOT have to do this work the same way. In fact, it works best if you adjust each of these magickal practices to your personal beliefs and systems. If you celebrate the new year with Rosh Hashanah, then please cater your workings to those dates. If you prefer the Chinese New Year, then by all means, use that date. There is no "one true way" to do this and it is more important that actually you do the work than worry about the when.

How to Use this Workbook

Each section of this workbook explains a different method of achieving your goals followed by a series of questions, journal prompts, and exercises to help you learn to incorporate those methods into your practice. At the end of the book is a ritual made up of several of these methods into one magickal working.

You've got options.

- ★ You can work through this book, cover to cover, by filling in the sections and doing the spells and rituals in order. Quarterly, you can return to the workbook, review your answers, renew or feed a few of your spells, and see where you are in achieving your goals.
- ★ You can take what you like from the workbook, what resonates with you and your current practice, and leave the rest.
- ★ You can jump around, doing a little here and a little there or spread it out over time.
- ★ You can put the information in this workbook into your journal, Book of Shadows, or Grimoire and incorporate them into your yearly and/or quarterly ritual work.
- ★ You can incorporate the activities and review of your workbook into your yearly planner.
- ★ You can do all of the above.
- ★ Make it your own.

Mercury Retrograde Mojo

Retrogrades, while not exactly detrimental, can be difficult times for people who can't spend those days or weeks in quiet contemplation alone. Life must go on and, with that, we can't always control what happens around us. For example, mercury goes retrograde frequently and these times are not the best to start new projects especially in areas of business, communication, or technology. If, however, you have no control over a situation like your boss wanting to you to give a presentation on a new project in the midsts of Mercury retrograde, then having some magick on your side certainly helps.

First of all, planetary talismans are best created when that planet is at its strongest. This is when the planet is in its house of rulership or exaltation. This will require some planning to create talismans, charms, or mojo bags. If you do not have that sort of time, at least make it before it goes retrograde.

For this mojo bag you will need:

- ★ An orange cloth bag
- ★ An image of Mercury that resonates with you such as the Magician card from tarot.
- ★ Mastic and frankincense resin (as well as charcoal and burn proof dish to light it in)
- ★ An orange candle (8 orange candles would be even better if you can swing it)
- ★ Road Opener oil and/or a blend of olive oil with vetiver and lavender essential oils
- ★ Blue lace agate (or other stone you associate with communication)
- ★ Lighter or matches
- ★ Paper and pen
- ★ An invocation for Mercury energies. Consider the [Orphic Hymn to Mercury](#) or a [poem to Hermes](#).

Create this mojo when Mercury is in Gemini or Virgo. Do not make this mojo when Mercury is in retrograde or in Sagittarius. You can check this for free using websites like Astrolabe or apps like Time Nomad.

Set up your work space or altar. Place your Mercury image so that you can see it and focus on it during the workings. Anoint your candle(s) with the oil(s) and light. Add resin to burning charcoal.

Invoke the energies of Mercury, using your chosen image as an aid to connect with its energy. On a small piece of paper draw the symbol for Mercury. On the back, write your petition (or sigil) for aid with communication, technology, and financial flow.

Being careful not burn it, hold your paper over the resin smoke so that it is both cleansed and bathed in its energies.

Hold your agate over the smoke next.

Dab both the agate and the paper with your oil(s).

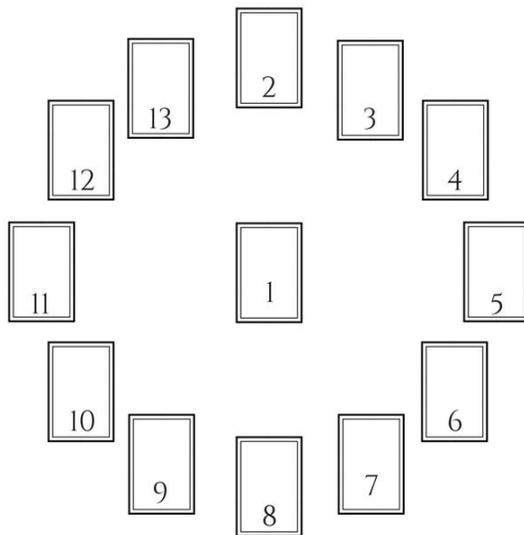
Wrap the stone in the paper and place inside of your bag. Hold the bag over the smoke then anoint it with the oils.

Optional: consider placing your mojo bag in a crystal grid of blue lace and orange agates during the time Mercury is in Gemini and/or Virgo for creation and future charging.
Carry this mojo with you when you need it's beneficial energies during Mercury retrograde.
Remember to cleanse and repeat this ritual as needed.

Solar Return Tarot Spread

This spread is great for New Years or Birthdays. It helps take a glance at each of the 12 months of the calendar year and give you an idea of what energies, emotions, or activities you can work with then.

SOLAR RETURN READING



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1: Your signifier. This is you, your energy, in the coming year.
2-13: Each month of the year ahead. Try not to think of these cards as predictors of coming events but rather the energies that you can harness during that month to work with. For example: if you see the Knight of Cups in June, unless you are already planning for a summer wedding, consider this as a sign to pursue romantic and other emotionally fulfilling ideas at this time. If the Devil appears in October, take time to embrace Scorpio season and do some shadow work rather than fear the bogeyman in that month.

“Why Witches Need to Embrace Manifestation (and how it helps their practical magick)”

I've met a lot of witches over the years that avoid anything that smacks of New Age philosophy, hell I was one of them for a while. I'd run into some people that taught law of attraction and manifestation but rejected me as a witch. In response, I thought that meant magick and manifestation didn't go together. It wasn't until years later that I realized that manifestation was simply one side of the magick puzzle.

To make it simple, think of manifestation as the mental-emotional part and magick as the physical part of the psycho-spiritual equation to achieving your goals. When we start with manifestation practices, we clear our heads and energy of obstacles and non-beneficial energies that can get in the way when we sit down to do spellwork and rituals.

Gratitude Journal

Use the following chart for daily check-ins with your attitude of gratitude. Add 3 or more things you are grateful for in each date box. Be as simple or elaborate as you like with each item. They can be as simple as being thankful for waking up and being able to breathe to as life-changing as a new love, unexpected gifts, or being saved by a kind stranger. Keep your eyes open throughout your day to find the little gifts from the Universe that you begin to attract and express thanks for them.

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30